



AL SHIFA COLLEGE OF NURSING

PERINTHALMANNA

NSS

2020

SL NO.	NAME OF PROGRAMME	REPORT OF PROGRAMME	PHOTOGRAPHS
1.	Palliative care rally	On the occasion of palliative day observance, an awareness rally was conducted on 15.01.2020. The programme was conducted in coordination with palliative care unit Mankada and community health centre Mankada. The rally started from community health centre Mankada to Mele Mankada. The rally was inaugurated by Mrs. Ramani MK (Mankada Grama Panchayath President).	 
2.	Republic day	Republic day was observed by the NSS unit of Alshifa college of Nursing On 26.01.2020 at 8 AM. flag was hoisted by Mr. Suresh (Administrator, ACPMS). The republic message was given by Mr. Jansan Mathew. K (NSS programme officer). The Preface of constitution was read by Mr. Jiss George. The programme came to an end by 8:45 AM by distributing sweets.	



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3.	Observance of cancer day	<p>Cancer day was observed by the NSS unit of Al Shifa college and CAS club Perinthalmanna of Nursing on 02.02.2020 at 10 AM. it was conducted at CAS club Auditorium, Perinthalmanna. Cancer awareness class was taken Mr.Siraju Rahman (3rd year BSc Nursing Student). The cancer day awareness programme was inaugurated by Dr. Kochu .S.Mani (IMA president, Perinthalmanna). An health awareness exhibition on various aspects of cancer was organized by the NSS volunteers. The programme came to an end by 1PM. Cancer day was observed by the NSS unit of Al Shifa college on 04.02.2020 at KIMS alshifa hospital, Perinthalmanna. The cancer day awareness programme was inaugurated by Dr. Balakrishnan (KIMS alshifa hospital Perinthalmanna). An health awareness exhibition on various aspects of cancer was organized by the NSS volunteers. The programme came to an end by 3PM.</p>	
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4.	Corona virus disease awareness programme	An outreach programme on corona virus disease awareness programme was conducted by the NSS unit of Alshifa college of Nursing on 14.02.2020 at community health centre Mankada. The programme was started at 10.30 am with prayer song. It was inaugurated by Mr.Jansan Mathew (NSS programme officer). The class on corona virus infection was taken by Ms. Athira Prasad, Ms.Ashna Bava, Ms.Athira. P (4th Year BSc Nursing students). Audience asked the doubts and it was clarified. The programme came to an end by 11.30 AM .	
5.	NSS leadership training programme	NSS Volunteer captain Mr.Mohammed Danish attended two days leadership training from 28.02.2020 to 29.02.2020 at Government medical college Pariyaram, Kannur.	 <p>Government MC Kannur Campus Rd, Pariyaram, Kerala 670503, India Date:- 28-02-2020 Time:- 9:58 AM</p>




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6.	Observance women day	<p>Women's day was observed by the NSS unit of Al shifa college of Nursing on 05.03.2020. The programme was started at 9 AM at college auditorium. Welcome address was given by Dr.G.Thilagavthy (Principal). The meeting was presided under Dr P. Unneen (Managing Trustee, Shifa Medicare Trust). The women day programme was inaugurated by Mr. Abdul Kareem IPS (District Police Chief, Malappuram). workshop on self defense techniques handled by K. Valsala, K C Sinimol, V J Sonia, P Geetha (senior civil Police officers, Malappuram)</p>	
7.	NSS DAY	<p>NSS day was observed by the NSS unit of Alshifa College of Nursing on 24.09.2020. Volunteers of our unit created an awareness video on NSS which consist of its origin, history, aims and objectives, logo and activities carried out through National service scheme. The awareness video was circulated through various social media.</p>	<ul style="list-style-type: none"> NSS day celebration VIDEO URL https://youtu.be/Q5x6EPGJzAE




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8.	Voluntary Blood donation day	Voluntary blood donation day was observed by the NSS unit of Alshifa College of Nursing on 01.10.2020. Volunteers of our unit created an awareness video on voluntary blood donation. The video consist of voluntary blood donation day, who can donate blood, different blood groups and who can donate blood to whom. The awareness video was circulated through various social media platforms.	<ul style="list-style-type: none"> VOLUNTARY BLOOD DONATION DAY VIDEO URL https://youtu.be/u8E1-VaggYY
9	Gandhi Jayanthi programmes	Gandhi Jayanthi was observed the NSS was unit of Alshifa College of Nursing on 02.10.2020. Volunteers of our unit could not clean the adopted village or campus due to covid -19 restrictions. But out volunteers along with their family members cleaned their home, premises and nearby streets	
10	Diabetic day	International diabetic day was organized by the NSS unit of Alshifa College of Nursing on 14.11.2020. Diabetic day is observed on 14.11.2020 every year. In 2020, the World Diabetes Day campaign focuses on promoting the role of nurses in the prevention and	<p>Video link- https://www.facebook.com/100037008720627/posts/382675959642692/?sfnsn=wiwspwa </p>

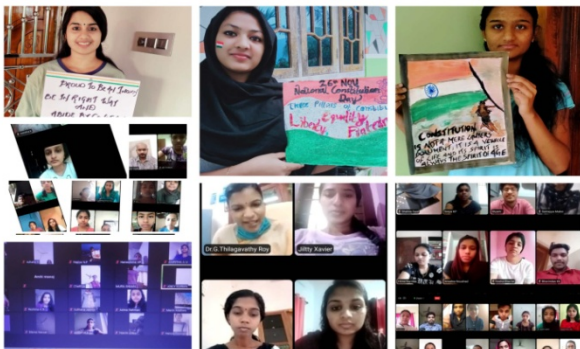


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		<p>management of diabetes. The theme of this year's diabetic day is DIABETES: NURSES MAKE THE DIFFERENCE. The campaign aims to raise awareness around the crucial role that nurses play in supporting people living with diabetes.</p> <p>We have divided our volunteers into nine groups and each group was given one concept of Diabetes mellitus. Each group was asked to create an awareness video on diabetes mellitus on the given topic with a view to upload the best videos in the social media.</p>	
11.	Constitution day	<p>NSS unit of Alshifa college of Nursing observed constitution day on 26.11.2020. NSS volunteers took oath on constitution day and prepared slogans on that day. Volunteers took oath at their home and conducted through online Zoom platform. Oath was administered by Principal Dr.G Thilagavathy and respective class coordinators .</p>	
12.	World AIDS day	<p>December 1 is observed as world AIDS day every year. This year also, red ribbon club of Alshifa college of Nursing</p>	<p>Whatsapp status making contest</p> <ul style="list-style-type: none"> • https://youtu.be/y4OyIsg2d9c • https://youtu.be/x6sJyoY9ttc



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	<p>observed world AIDS day on December 01,2020 by conducting various programmes like poster competition, Whatsapp status making competition and short film. Students of our institution actively participated in all the events with great enthusiasm.</p> <p>List of winners</p> <p>Whatsapp status making contest</p> <ul style="list-style-type: none"> 1st prize-Ashna Bismi, 4th year BSc Nursing 2nd prize-Alfiya Nazar, 4th year BSc Nursing <p>Poster competition</p> <ul style="list-style-type: none"> 1st prize-Arshi Manoj, 3rd year BSc Nursing. 2nd prize-Fazeela, 2nd year BSc Nursing 	<p>Short Film</p> <ul style="list-style-type: none"> https://m.facebook.com/story.php?story_fbid=393294135247541&id=100037008720627&sfnsn=wiwspwa 
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